

# CoxHealth 2017 Opioid Stewardship Changing Practice, Saving Lives

Friday, September 29, 2017 from 8:00 a.m. to 12:30 p.m.

The Keeter Center at College of the Ozarks

One Opportunity Avenue

Point Lookout, Missouri 65726

*Educational funding for this activity provided by the Stone & Taney Counties Substance Abuse Initiative (SAI), a partnership between CoxHealth and the Skaggs Foundation.*

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No off-label medications or devices will be discussed. *We reserve the right to substitute speakers or topics based on availability.*

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**Americans with Disabilities Act:** If you have special needs addressed by this act, please notify us at least two weeks before this offering. Reasonable efforts will be made to accommodate your needs.

This institution is an equal opportunity employer.

## Keynote Speaker: Theodore V. Parran, Jr., MD, FACP, FASAM

Dr. Parran is a 1978 graduate with honors in history from Kenyon College and a 1982 graduate from Case Western Reserve University School of Medicine. His residency was in internal medicine at the Baltimore City Hospital of Johns Hopkins University School of Medicine. Following residency, Dr. Parran was selected to be the medical chief resident. In 1987, he received the Outstanding Faculty Teacher Award from the Department of Medicine. In 1988, he returned to Cleveland and CWRU School of Medicine. Dr. Parran is the co-director of the Foundations of Clinical Medicine Course. He is the medical director of the Program in Continuing Medical Education, and in 2007 was named as the Isabel and Carter Wang Professor and Chair in Medical Education, all at CWRU School of Medicine. Dr. Parran also serves as the mediator for the Missouri Credentialing Board (MCB).



**Purpose and Target Audience:** The misuse of prescription opioids is a major public health problem. Between 2006 and 2015, Missouri recorded a 138 percent increase in the rate of inpatient hospitalizations and emergency department visits because of opioid overuse. According to the Centers for Disease Control and Prevention, in 2014, 28,647 people in the U.S. and 1,067 people in Missouri died from opioids, quadrupling the rate since 1999 (Rudd, 2016). Opioid Stewardship: Changing Practice, Saving Lives course addresses this public health crisis. This program will provide steps to ensure that physicians are minimizing the long-term prescribing of high-risk medications (i.e. controlled drugs) to patients with high-risk brains (i.e. substance use disorders) and provide safe and patient specific methods (using case studies) to stop prescribing controlled drugs when necessary. Target audience is all prescribers and professionals that influence the access of prescription opioids to patients. This includes primary care physicians, physician assistants, nurse practitioners, pharmacists, dentists, addiction medicine physicians, pain specialists, surgeons, psychiatrists, and other physicians and clinicians.

## Objectives:

- List the steps required for controlled drug prudent prescribing decisions.
- Describe a "team approach" or "systems approach" for the use of universal precautions regarding chronic controlled drug prescriptions.
- Outline how to screen for contraindications to long term controlled drug prescribing.
- Develop a monitoring approach when prescribing controlled drugs.

## Agenda:

07:30 – 07:55 a.m.	Check-In (Coffee, Tea and Keeter Center Pastries Provided)
07:55 – 08:00 a.m.	Welcome and Introductions
08:00 – 10:30 a.m.	Changing Practice, Saving Lives – Theodore Parran, MD
10:30 – 10:45 a.m.	Break (Light Refreshments Provided)
10:45 a.m. – 12:15 p.m.	Changing Practice, Saving Lives – Theodore Parran, MD
12:15 – 12:30 p.m.	Closing Remarks/Evaluations/Adjourn

**Financial Disclosures for Educational Session:** The speaker and planning committee members have indicated they DO NOT have a significant financial interest or affiliation with any pharmaceutical or medical device company nor do any members of their immediate families in whose products may be discussed. Theodore Parran, MD, has indicated he will NOT be discussing devices or pharmaceuticals not approved by the FDA and his presentation will be scientific and evidence-based. He will give a balanced view of therapeutic options and generic names will be used to contribute to impartiality. Planning committee members and speakers have created this activity without bias or influence from all external commercial entities. No conflicts were noted that would exclude the speaker or planning committee members from this activity. **Planning Committee, Physician Planner/Moderator: Bryan Finke, MD; Planning Committee: Brian Clonts, MD; Temitayo Bakare, PharmD; Heather Coulter, MHA, BSN, RN; Marietta Hagan, BS; Glenn Geron, DO, Medical Staff Education Medical Director; Christine Tibbs, MA, MHA; Triesa Massey, MHA.**

**NO FEE. RSVP by Monday, September 25, 2017. Call (417) 269-INFO or email [coxinfo@coxhealth.com](mailto:coxinfo@coxhealth.com) to register!**